

BELMONT MARKET'S

SPRING INTO SAVINGS



GEORGIA, USA

BUTTER N' SUGAR
SWEET CORN

6 for \$3.99



Georgia, USA

SNAPPY
GREEN BEANS

\$1.49 lb.



CERTIFIED
ANGUS BEEF®
BRAND

SAVE \$2.00 LB.

Boneless
FLANK STEAK

\$12.99 lb.



CHAIRMAN'S RESERVE

SAVE \$1.50

CENTER CUT
PORK CHOPS
BONE-IN

\$3.49 lb.



GRADE A

SAVE 50¢ LB.

CHICKEN
DRUMSTICKS

99¢ lb.



ALL NATURAL
al fresco®

SAVE \$1.00 EA.

CHOCOLATE
BREAKFAST
PATTIES & LINKS
7 - 7.5 oz.

\$3.99 ea.



SIMPLY
POTATOES®

SAVE \$1.50 EA.

SIMPLY
POTATOES
Assorted Varieties,
20 - 24 oz.

\$3.99 ea.



KAYEM
CHELSEA, MASS.

SAVE \$2.00 EA.

FRANKS
Natural Casing,
Natural Beef Franks
12 oz.

\$5.99 ea.



COOKED
PERFECT
BRAND

SAVE \$2.00 EA.

MEAT BALLS
Assorted Varieties,
18 - 26 oz.

\$8.99 ea.



BELMONT BREAD

SAVE \$1.00 EA.

SMALL
ITALIAN ROUND

\$4.49 ea.



REEL IN FANTASTIC SEAFOOD

ATLANTIC
COD LOIN

\$18.99 lb.

SWORDFISH

\$17.99 lb.

The Freshest **PRODUCE**

IMPORTED
**RASPBERRY &
BLACKBERRY**
HALF PINTS

ON SALE 2/\$5

CALIFORNIA, USA
STRAWBERRY
PINTS - 16 oz.

\$2.99



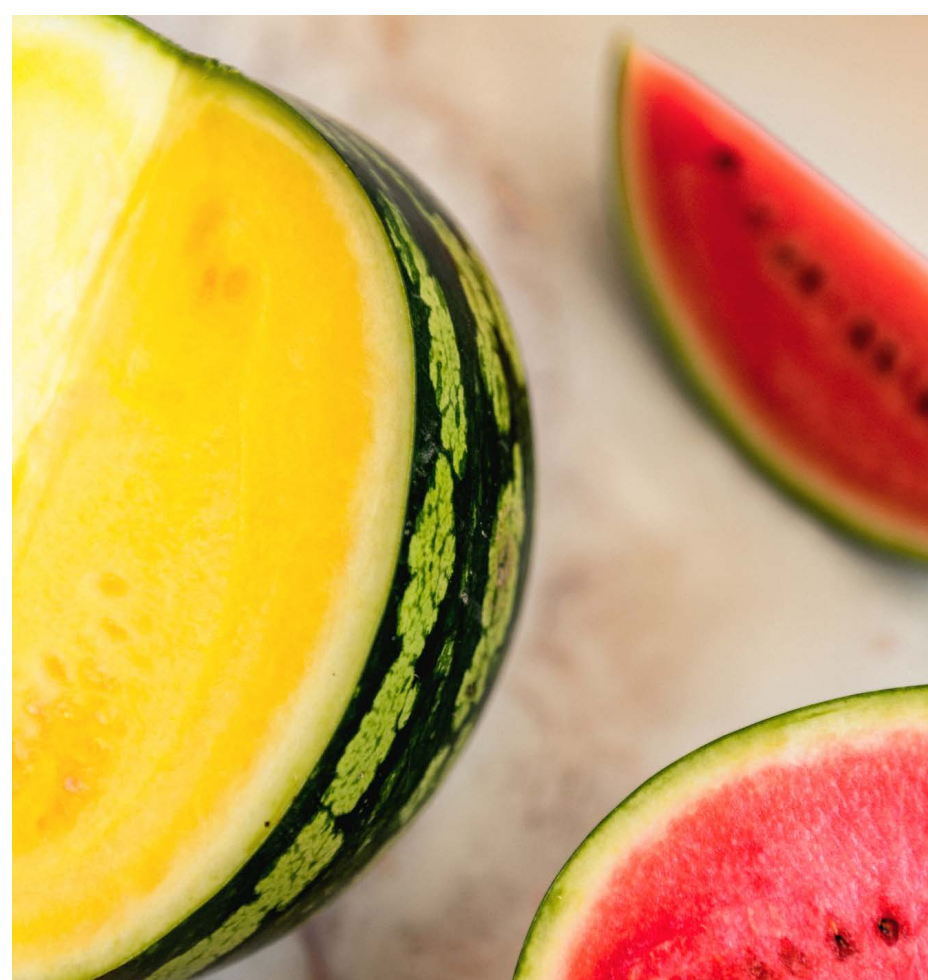
Washington, USA
**GRANNY SMITH
APPLES**

1.49lb.



Washington, USA
**PINK LADY
APPLES**

1.49lb.



**RED OR YELLOW
WATERMELON**
1/4 or 1/2

99¢lb.



**WHOLE
SEEDLESS
WATERMELON**

4.99ea.



Belmont Market's
**SMALL FRUIT
PLATTERS**
9-Inch Tray

12.99ea.



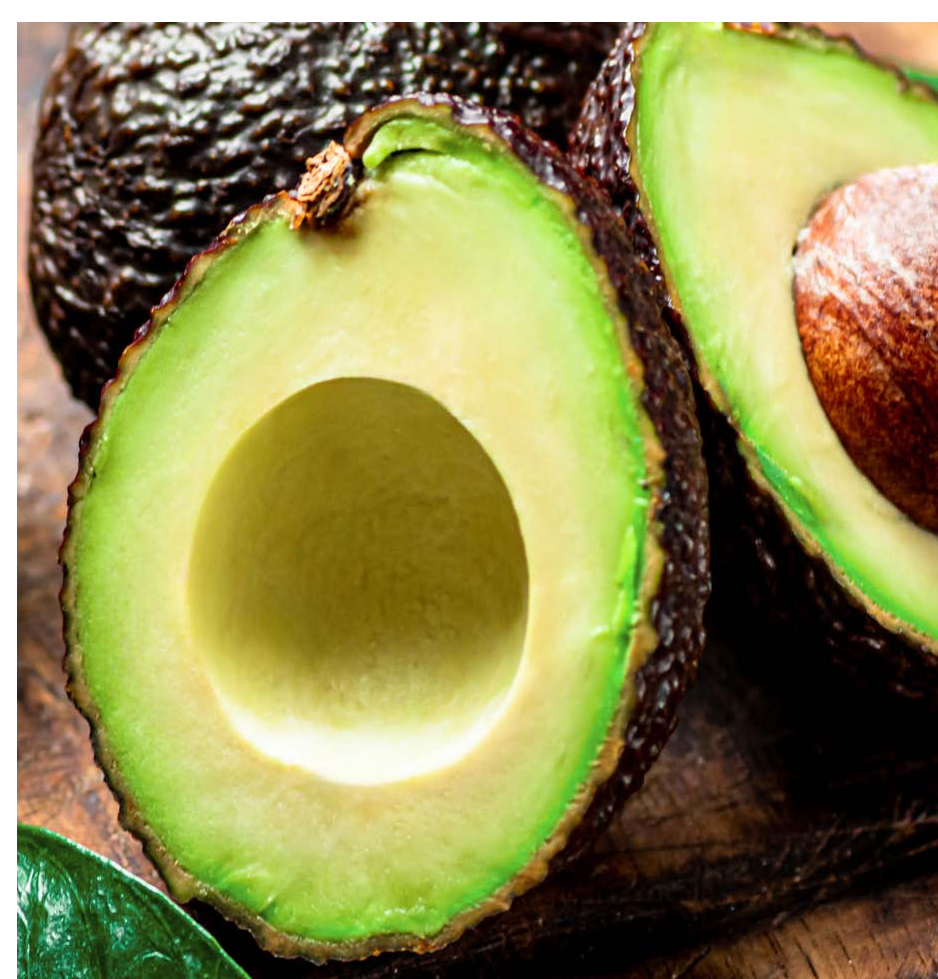
Belmont Market's
**SMALL VEGGIE
PLATTERS**
9-Inch Tray

10.99ea.



Imported
**CLUSTER
TOMATOES**

99¢lb.



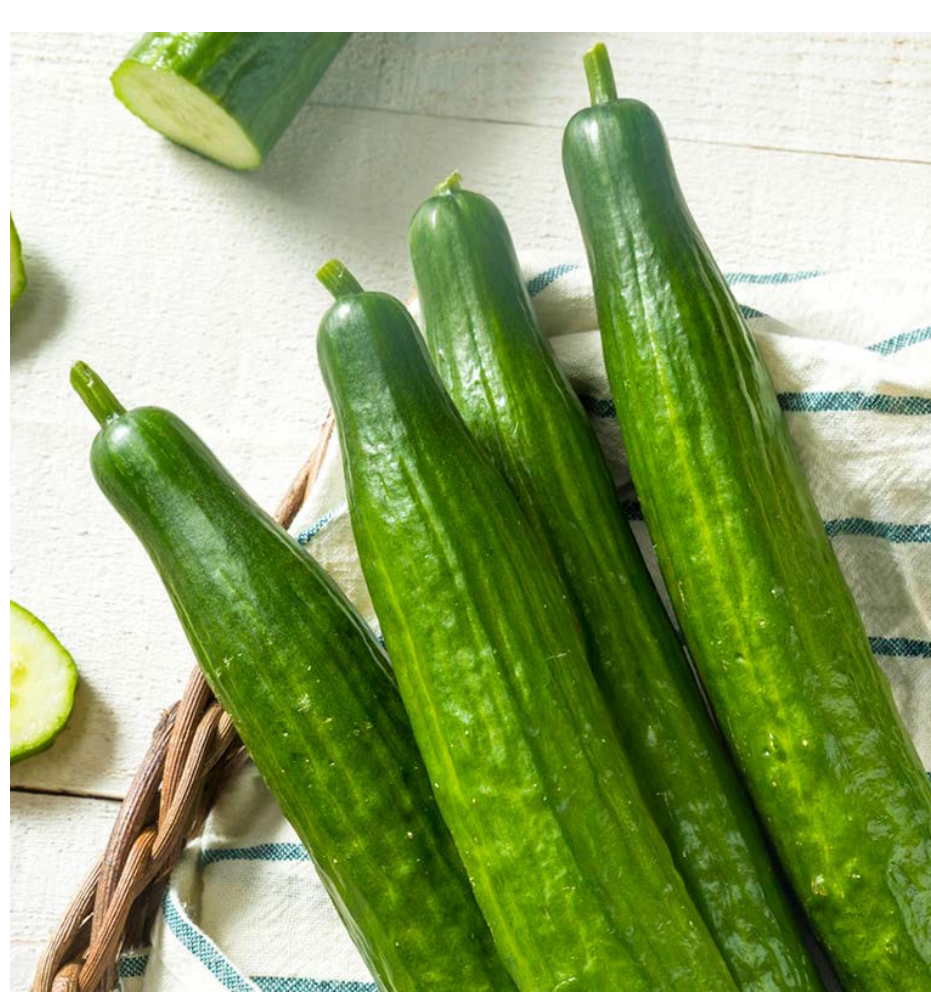
Imported
**HASS
AVOCADO**

2/\$4



**RED
POTATOES**
5 lb. Bag

2.99ea.



Imported
**SEEDLESS
ENGLISH
CUCUMBERS**

99¢ea.



California, USA
**GREEN & RED
LEAF LETTUCE**

1.49ea.



Georgia, USA
**SWEET VIDALIA
ONIONS**

1.29lb.

The Best **ORGANIC SELECTION**



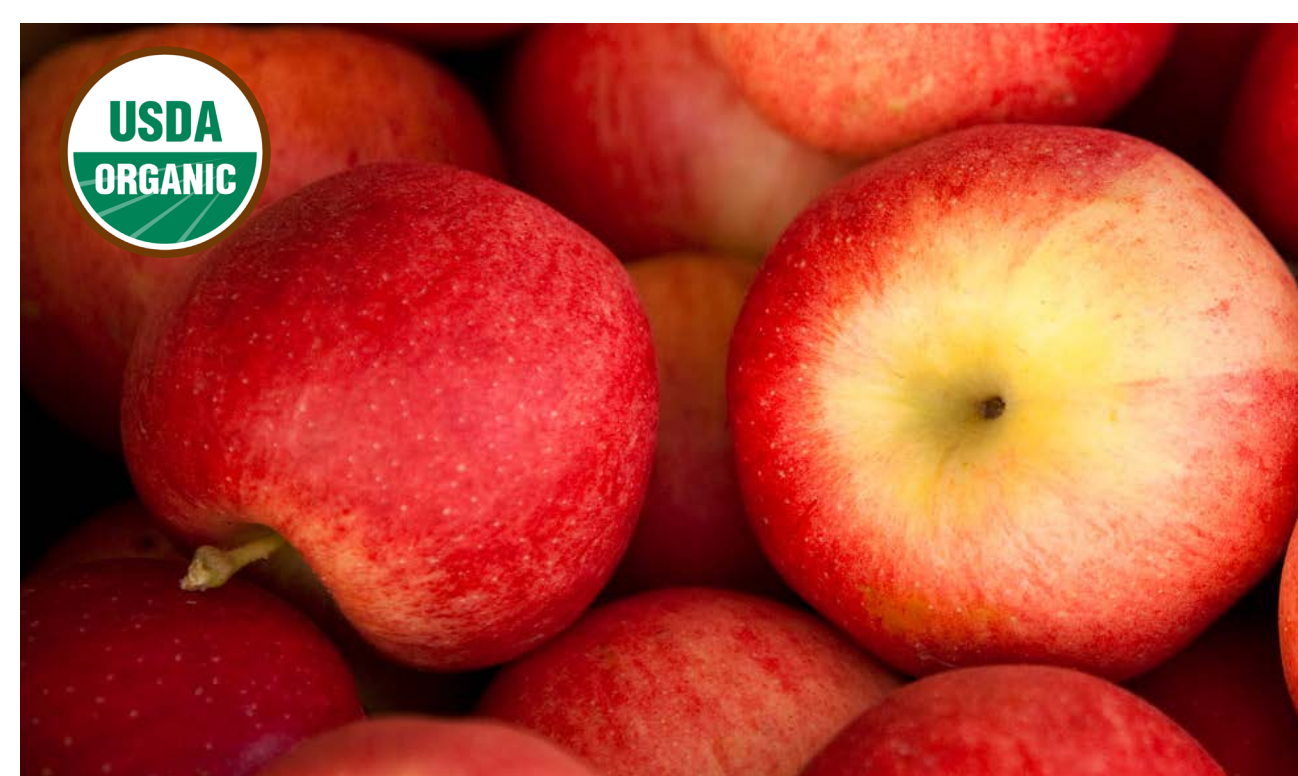
Organic
MANGOES

2/\$4



Organic
**BLUEBERRY
PINTS**

3.99ea.



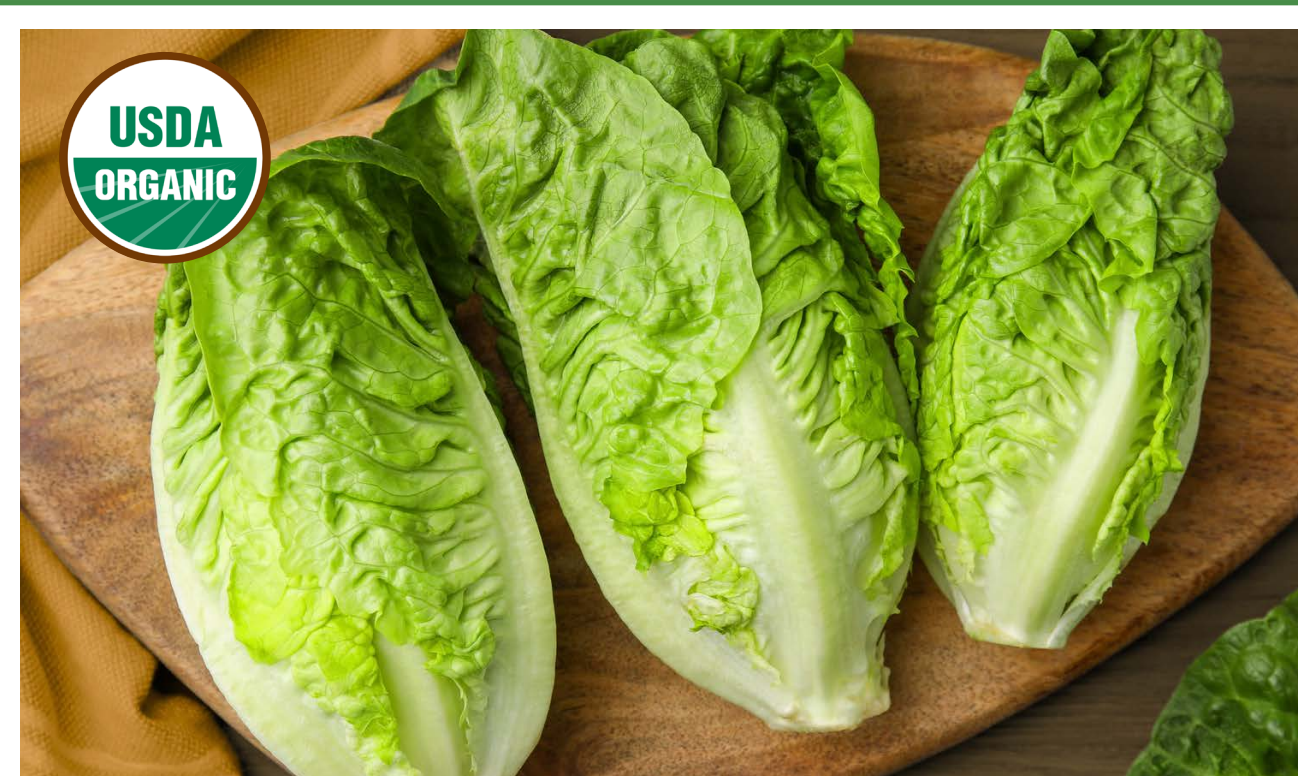
Organic
**PINK LADY
APPLES**

2.49lb.



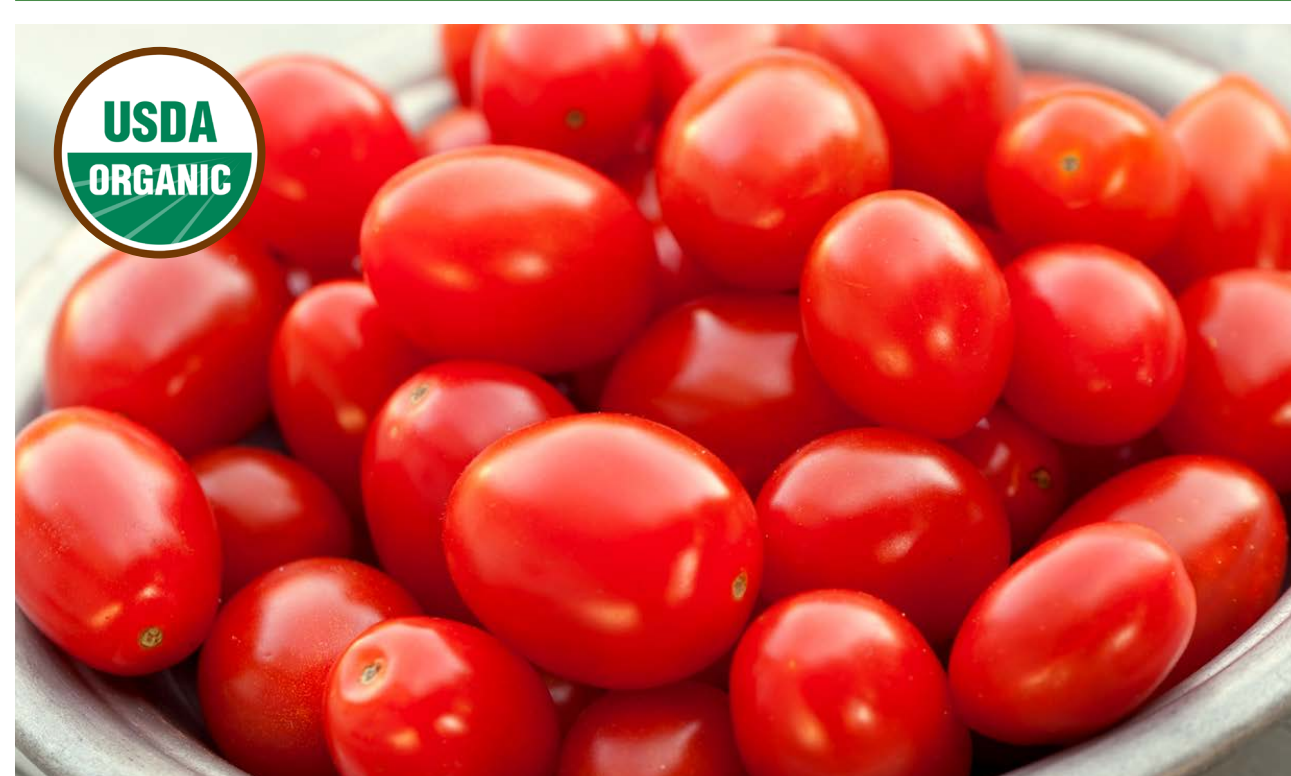
Organic
**FRESH
GREEN KALE**

2.49ea.



Organic
**ROMAINE
HEARTS**

2.49ea.



Organic
**GRAPE
TOMATOES**

3.49ea.



Organic
**GREEN
PEPPERS**

2.99lb.

Great Deals ON FAMILY FAVORITES

SAVE UP TO \$3.29



General Mills
CHEERIOS
Assorted Varieties,
8.9 - 10.8 oz.

2/\$5

SAVE \$1.80



Kellogg's
RICE KRISPIES
9 oz.

\$3.99

SAVE \$1.40



Chock
Full o' Nuts
COFFEE
**Excludes Decaf*
Assorted Varieties,
10.3 - 11 oz.

\$6.99

SAVE \$1.19



Mott's
APPLE SAUCE
6-PACKS
Assorted Varieties,
23.4 - 24 oz.

2/\$6

SAVE \$1.40



Skippy
PEANUT BUTTER
Assorted Varieties,
40 oz.

\$5.99

SAVE \$1.49



Quaker
CHEWY GRANOLA BARS
Assorted Varieties,
6.3 - 6.7 oz.

2/\$6

SAVE 49¢



Wishbone
SALAD DRESSING
Assorted Varieties,
8 oz.

2/\$4

SAVE 60¢



New York
Bakery
TEXAS TOAST CROUTONS
Assorted Varieties,
5 oz.

\$1.99

SAVE 60¢



Food Club
PASTA SAUCE
Assorted Varieties,
23.9 - 24 oz.

\$1.99

SAVE \$1.29



Redpack
CANNED TOMATOES
Assorted Varieties,
28 - 29 oz.

2/\$4

SAVE \$2.50



Rao's
PASTA SAUCE
Assorted Varieties,
24 oz.

\$7.99

SAVE 94¢



Ronzone's
PASTA
Assorted Varieties,
12 - 16 oz.

4/\$5

SAVE \$4.80



Rao's
Homemade PASTA
Assorted Varieties,
16 oz.

\$3.19

SAVE 79¢



Pepperidge
Farm
HOT DOG & BURGER BUNS
Assorted Varieties,
14 - 15 oz.

2/\$7

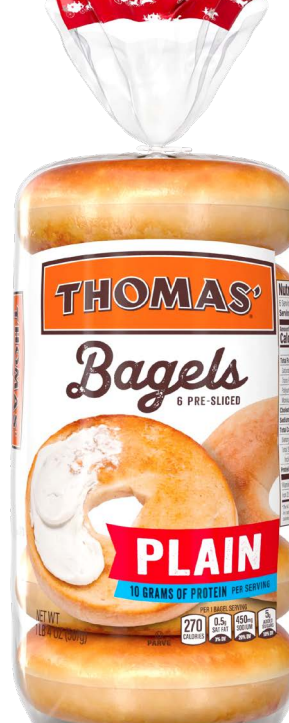
SAVE \$2.00



Frito Lay
TOSTITOS CHIPS
Assorted Varieties,
9 - 14 oz.

\$3.99

SAVE 80¢



Thomas'
BAGELS
Assorted Varieties,
20 oz.

\$4.49

SAVE 74¢



Old El Paso
SEASONING PACKETS
Assorted Varieties,
1 oz.

4/\$5

SAVE 82¢



Old El Paso
REFRIED BEANS
Assorted Varieties,
16 oz.

3/\$5

SAVE \$1.49



Old El Paso
DINNER KITS
Assorted Varieties,
8.8 - 14 oz.

2/\$7

SAVE \$1.59



Old El Paso
TACO SHELLS
Assorted Varieties,
4.6 - 7.4 oz.

2/\$4

SAVE \$2.29



Annie's
MAC & CHEESE
Assorted Varieties,
6 oz.

2/\$3

SAVE \$1.59



Suddenly
Salad
PASTA SALAD MIX
Assorted Varieties,
7.25 - 7.5 oz.

2/\$4

SAVE \$1.70



Yummy
CHICKEN NUGGETS
Assorted Varieties,
21 - 21.5 oz.

\$6.59

SAVE \$1.70



Capri Sun
JUICE POUCH
10-PACKS
Assorted Varieties,
10 / 6 fl oz.

\$2.99



SAVE 94¢

Coca-Cola
Brand
2-LITERS
Assorted Varieties,
2 Liter

2/\$4.50

SAVE \$1.32



Bubly
8-PACKS
Assorted Varieties,
8 / 12 fl oz.

3/\$11

SAVE \$1.30



Polar
SELTZERADE
8-PACK
Assorted Varieties,
8 / 12 fl oz.

\$2.99

Great Deals ON FAMILY FAVORITES

SAVE UP TO \$3.00



Arm & Hammer
CAT LITTER
Assorted Varieties,
14 - 20 lb.

\$10.99

SAVE \$1.00



Simply
Done
BLEACH
121 fl oz.

\$5.99

SAVE \$3.00



Arm & Hammer
LAUNDRY
DETERGENT
Assorted Varieties,
44 fl oz.

\$4.99

SAVE \$1.00



Downy
FABRIC
SOFTENER
Assorted Varieties,
26 - 44 oz.

\$5.99

SAVE \$2.99



Flora
BATH TISSUE
12 Double Rolls,
Assorted Varieties

2/\$10

SAVE \$2.99



Flora
PAPER TOWELS
6 Rolls,
Assorted Varieties

2/\$10

SAVE \$5.30



Quilted
Northern
BATH TISSUE
6 MEGA ROLLS
Assorted Varieties

\$5.99

SAVE \$6.00



Brawny
PAPER TOWELS
4 DOUBLE ROLLS
Assorted Varieties

\$5.99

Cool Savings ON DAIRY AND FROZEN FOODS

SAVE \$3.29



Turkey Hill
ICE CREAM
Assorted Varieties,
46 fl oz.

2/\$7

SAVE \$2.50



Mystic Pizza
PIZZA
Assorted Varieties,
20.75 - 21.75 oz.

\$4.99

SAVE \$3.29



Chobani
YOGURT
4-PACKS
Assorted Varieties,
21.1 oz.

2/\$8

SAVE \$1.50



The Greek Gods
GREEK
YOGURT
Assorted Varieties,
24 oz.

\$3.99

SAVE 80¢



Bay's
ENGLISH
MUFFINS
Assorted Varieties,
12 oz.

\$3.49

SAVE \$1.30



Plugra
EUROPEAN
BUTTER
Assorted Varieties,
8 oz.

\$2.99

SAVE \$1.40



Crystal Farm
STRING
CHEESE
Assorted Varieties,
10 oz.

\$3.99

SAVE 49¢



Crystal Farms
CREAM
CHEESE BARS
Assorted Varieties,
8 oz.

2/\$5

SAVE \$1.29



Breakstone's
COTTAGE
CHEESE
Assorted Varieties,
16 oz.

2/\$6

SAVE \$1.49



Pillsbury
CRESCENT
BREADS
Assorted Varieties,
8 - 13.8 oz.

2/\$7

SAVE \$2.30



Florida
Natural
ORANGE
JUICE
89 fl oz.

\$6.99

SAVE \$3.49



Chobani
COFFEE
CREAMER
Assorted Varieties,
24 fl oz.

2/\$8

SAVE \$1.39



Blue Diamond
Almond Breeze

Assorted Varieties,
64 fl oz.

2/\$6

SAVE \$1.30



Cafe Buster

Assorted Varieties,
40 fl oz.

\$4.99

SAVE 80¢



Cabot
WHIPPED
CREAM
7 oz.

\$2.79

SAVE 70¢



Kozyshack
PUDDING
Assorted Varieties,
16 oz.

\$3.49

Your Favorite SPECIALTY GROCERY ITEMS

SAVE 60¢



DeeBee's Organics
ORGANIC FRUIT
FREEZE POPS
Assorted Varieties,
13.5 fl oz.

\$5.39

SAVE \$2.70



Primal Kitchen
DIPPING
SAUCE
Assorted Varieties,
10 oz.

\$7.99

SAVE UP TO \$1.60



Terra Chips
VEGETABLE
CHIPS
Assorted Varieties,
5 - 6.8 oz.

\$4.99

SAVE \$1.80



Mariner
Biscuit Co.
STONED
WHEAT
CRACKERS
Assorted Varieties,
8 oz.

\$2.99

SAVE 60¢



Tate's Bake Shop
CRISPY
COOKIES
Assorted Varieties,
6.5 - 7 oz.

\$5.99

SAVE UP TO 60¢



Unique Snacks
PRETZELS
Assorted Varieties,
11 oz.

\$3.99

SAVE \$1.50



Coco Goods
ORGANIC
COCONUT
WATER
33.8 fl oz.

\$4.49

SAVE \$2.00



Cascadian
Farms
ORGANIC
GRANOLA BARS
Assorted Varieties,
6.2 - 7.4 oz.

\$4.99

Come See What's **FRESH**



CRANBERRY ORANGE LOAF **7.99**



CARROT CAKE CUPCAKE Extra Large **4.99**



KITCHEN SINK COOKIES 12-Pack **6.99**



BOSTON CREAM PIE 8-Inch **13.99**

PREPARED FOODS

SAVE \$1.00 EA.

Freshly Prepared
POWERHOUSE CHICKEN BOWL

12.99ea.



SAVE \$1.00 EA.

Freshly Prepared
STUFFED SHELL DINNER

8.99ea.



SAVE \$1.00 LB.

VEGAN HOME-STYLE MACARONI SALAD

6.99lb.



SAVE \$1.00 LB.

EGG SALAD

8.99lb.

SAVE \$1.00 LB.

BLACK BEAN MANGO SALAD

8.99lb.

ONE DAY SALE ITEM

Freshly Prepared

BAKED HADDOCK

18.99lb.



SAVE \$3.00 LB.

Boar's Head
OVENGOLD TURKEY

11.99lb.



SAVE \$2.00 LB.

Boar's Head
DELUXE HAM

11.99lb.



SAVE \$1.00 LB.

Boar's Head
CLASSIC CHICKEN

11.99lb.

SAVE \$1.00



Wolmont Farms
CHEESE TRAY
12 oz.

7.99

SAVE \$1.00



Adams Reserve
CHEDDAR

6.99lb.

SAVE \$1.00



Snack Factory
PRETZEL CHIPS
Assorted Varieties,
14 oz.

6.99



Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



HEALTH & WELLNESS



Four Sigmatic
"CALM" MIX
CHAI LATTE & CACAO
10 packs / 0.21 oz. each

SAVE \$3.50

\$15.99



Belmont Wellness
ORGANIC B-COMPLEX
60 count

SAVE \$4.00

\$22.99



Avalon
SHAMPOO & CONDITIONER
ROSEMARY SCENTED
11 oz.

SAVE \$1.50

\$10.99



Siete Maiz
TORTILLA CHIPS
7.5 oz.

SAVE \$1.00

\$6.29

THE HERB WYFE



Oregon Wild Harvest
SKULLCAP
90 count

SAVE \$5.00

\$22.99



Herb Pharm
MURIA PUAMA
1 oz.

SAVE \$5.00

\$12.99



GAIA Herbs
INFINITY GLOW
120 count

SAVE \$5.00

\$37.99



Host Defense
AGARIKON
120 count

SAVE \$5.00

\$54.99

SPRUCE UP WITH FESTIVE FLOWERS

Explore our floral collection to perfect your celebration with bouquets, centerpieces, and flowering plants.

SUNFLOWER BUNCHES
5 STEMS

\$10.99



KALANCHOE
4" PLANT

\$10.99



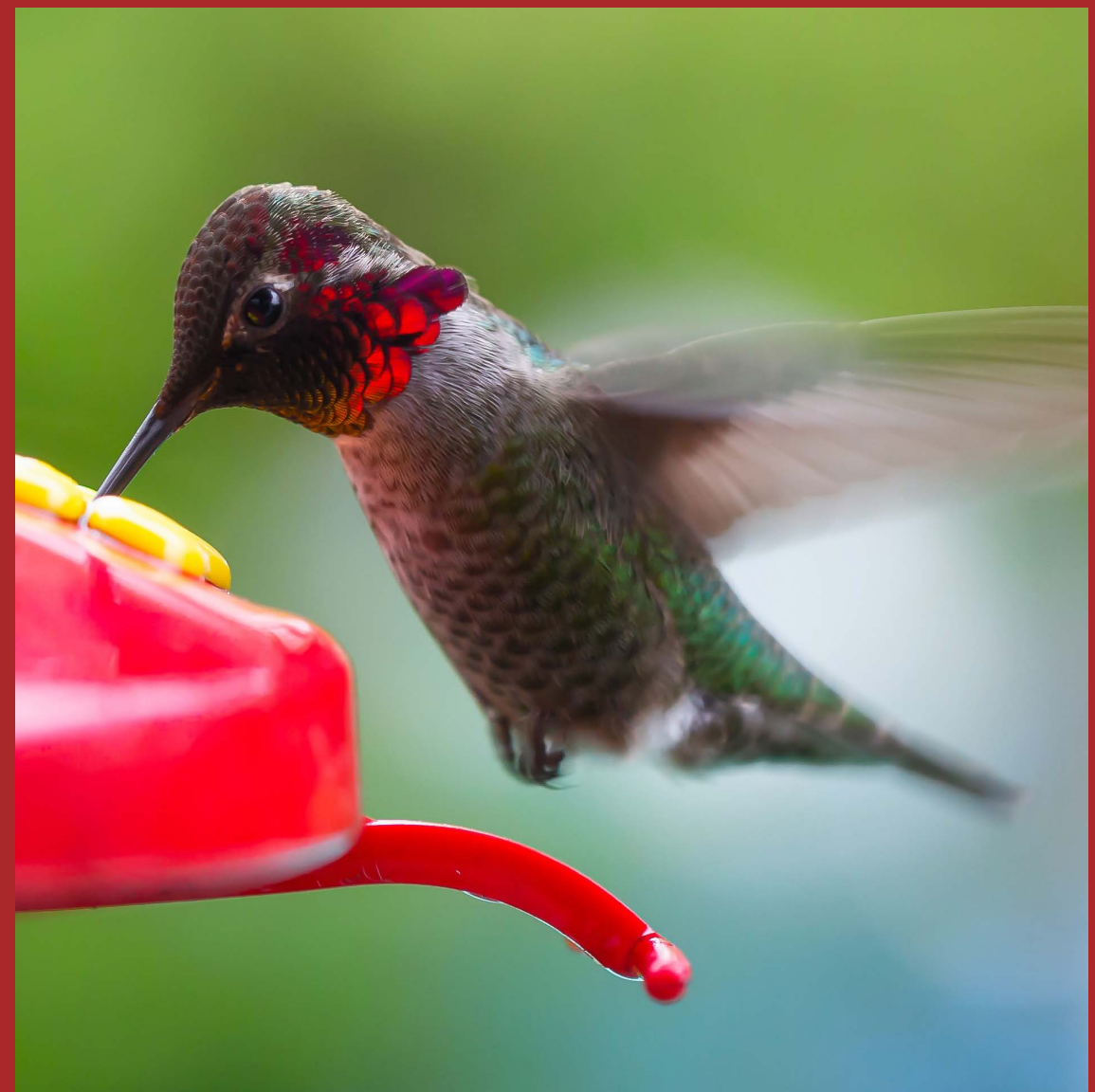
VINTAGE SUNFLOWER BOUQUET

\$29.99



BIRD'S CHOICE HUMMINGBIRD NECTAR

\$2.99





BELMONT MARKET *Gift Baskets*



Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,
OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM
TO ORDER NOW



FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,
Whole Grain Baguettes, Italian
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

SHOP.ROSIEAPP.COM/BELMONT

