BELMONT MARKET'S
MOTHER'S DAY WEEKEND SALES



MAINE BACK YARD
HOT HOUSE TOMATOES
99¢ lb.



Grimm Way
CARROTS
1 lb. bag
69¢ ea.



SAVE $4.00 LB.

BONELESS SIRLOIN STEAK 9.99 lb.



SAVE $2.00 LB.

Boneless / Center Cut
PORKCHOPS 3.99 lb.



SAVE $2.00 LB.

Grade A / Boneless
CHICKEN THIGHS 2.99 lb.



SAVE $2.00 EA.

BEEF PATTIES
Assorted Varieties, 20 - 24 oz. 13.99 ea.



SAVE $1.00 EA.

RIBEYE SHAVED STEAK
12 oz. 10.99 ea.



SAVE $

Oscar Meyer's
BACON
Assorted Varieties, 12 - 16 oz. 10.99 ea.



SAVE $2.00 EA.

Tyson
BREAD STUFFED CHICKEN BREAST
10 oz. 5.99 ea.

BELMONT BREAD



SAVE $1.00 EA.

CINNAMON RAISIN BREAD 5.99 ea.

REEL IN FANTASTIC SEAFOOD



SWORDFISH
17.99 lb.



FRESH HALIBUT
27.99 lb.

EFFECTIVE DATES: MAY 9TH - MAY 15TH
Monday - Saturday - 7:00AM - 10:00PM
Sunday - 7:00AM - 8:00PM

600 KINGSTOWN RD, WAKEFIELD, RI / (401) 789-4656
WWW.BELMONTMARKET.COM

BELMONT MARKET
A Better Place to Shop Since 1947

"Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department Items are not cooked."

The Freshest PRODUCE





California, USA
STRAWBERRIES 2.99ea.
16 oz.



Georgia, USA
BLUEBERRIES 3.99ea.
Pint



Imported
SEEDLESS GRAPES 2.99lb.
Red or Black



Washington, USA
GRANNY SMITH APPLES 1.49lb.
X-Fancy



California, USA
RUBY RED GRAPEFRUIT 2/$3



Fresh
WATERMELON CUTS 99¢lb.
1/2 or 1/4



Imported
HASS AVOCADOS 2/$4



Imported
SEEDLESS ENGLISH CUCUMBERS 99¢ea.



California, USA
ICEBERG LETTUCE 1.49ea.
Cello Wrapped



Florida, USA
BUTTER 'N SUGAR SWEET CORN 5/$3.50



Fancy Southern
GREEN BEANS 1.99lb.



Georgia, USA
SWEET VIDALIA ONION 1.29lb.

The Best ORGANIC SELECTION



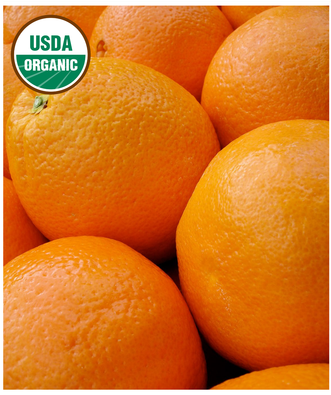
Organic
BLACKBERRIES 3.99ea.
HALF PINT



GRAPE TOMATOES 2.99ea.
PINT



Organic
FRESH BROCCOLI 3.99ea.



Organic
NAVEL ORANGES 1.99lb.



Organic
FRESH CAULIFLOWER 3.99ea.



MINI CUCUMBERS 3.99ea.
6 PACK



Organic
ROMAINE HEARTS 3.99ea.



Organic
VIDALIA ONIONS 1.69lb.

Great Deals ON FAMILY FAVORITES

SAVE $2.29



Quaker **LIFE CEREAL**
Assorted Varieties, 13 oz.
2/$6

SAVE UP TO $3.49



General Mills **CHEERIOS**
Assorted Varieties, 12 - 16.8 oz.
2/$7

SAVE $1.00



Food Club **QUICK & OLD FASHIONED OATS**
Assorted Varieties, 42 oz.
$4.99

SAVE $1.40



Chock Full o' Nuts **COFFEE**
*Excludes Decaf & Half Caf.
Assorted Varieties, 10.2 - 11.3 oz.
$6.99

SAVE UP TO $1.50



Salada **TEA**
Assorted Varieties, 48 - 100 count
$3.99

SAVE 99¢



True Lemon **DRINK MIXES**
1.06 - 1.27 oz.
2/$6

SAVE $2.19



Town House **CRACKERS**
Assorted Varieties, 9 - 10.2 oz.
2/$7

SAVE $1.79



Kellogg's **CLUB CRACKERS**
Assorted Varieties, 11 - 13.7 oz.
2/$7

SAVE $1.79



Kellogg's **TOASTEDS**
Assorted Varieties, 8 oz.
2/$7

SAVE 96¢



Pop Secret **POPCORN**
Assorted Varieties, 7.9 - 9.6 oz.
3/$10

SAVE $2.79



Nature Valley **PROTEIN GRANOLA BARS**
Assorted Varieties, 7.1 oz.
2/$7

SAVE 70¢



Spam **LUNCHEON MEAT**
Assorted Varieties, 12 oz.
$3.99

SAVE $2.12



Annie's **MAC & CHEESE**
Assorted Varieties, 5.25 - 6 oz.
3/$5

SAVE UP TO 62¢



Nissin **FIRE WOK NOODLE BOWLS**
Assorted Varieties, 2.75 - 4.55 oz.
3/$5

SAVE UP TO 62¢



Nissin **CUP NOODLE JAPANESE TERIYAKI CHICKEN CUP**
Assorted Varieties, 2.75 - 4.55 oz.
3/$5

SAVE $1.44



Starkist **SOLID WHITE TUNA**
Assorted Varieties, 5 oz.
4/$5

SAVE $1.16



Pennsylvania Dutch **NOODLES**
Assorted Varieties, 12 oz.
3/$7

SAVE 62¢



Chi Chi **GREEN CHILES**
Assorted Varieties, 4 oz.
3/$5

SAVE UP TO 99¢



Chi-Chi's **TORTILLAS**
Assorted Varieties, 12 - 17.5 oz.
2/$5

SAVE $1.19



Chi-Chi's **SALSA**
Assorted Varieties, 16 oz.
2/$5

SAVE 20¢



Redpack **TOMATO SAUCE**
8 oz.
99¢

SAVE 50¢



Redpack **TOMATO PASTE**
6 oz.
99¢

SAVE $1.29



Redpack **CANNED TOMATOES**
Assorted Varieties, 28 - 29 oz.
2/$4

SAVE $1.09



Manwich **SLOPPY JOE**
Assorted Varieties, 15 - 15.5 oz.
2/$3

SAVE $2.30



Botticelli **PASTA SAUCE**
Assorted Varieties, 24 oz.
$4.99

SAVE $2.50



Rao's **PASTA SAUCE**
Assorted Varieties, 32 oz.
$8.99

SAVE 69¢



Lindsay **PITTED OLIVES**
Assorted Varieties, 6 oz.
2/$5

SAVE 49¢



Food Club **CANNED VEGGIES**
Assorted Varieties, 14.5 - 15.5 oz.
10/$10

SAVE $1.09



Bush's Best **BAKED BEANS**
Assorted Varieties, 21.7 - 28 oz.
2/$5

SAVE UP TO 89¢



Hormel **CHILI WITH BEANS**
Assorted Varieties, 15 oz.
2/$5

SAVE UP TO $2.60



Duke's **REAL MAYONNAISE**
Assorted Varieties, 18 - 30 fl oz.
$4.99

SAVE $1.30



Kraft **MIRACLE WHIP**
Assorted Varieties, 30 oz.
$7.99

SAVE $4.50



California Olive Ranch **OLIVE OILS**
Assorted Varieties, 16.9 fl oz.
$10.99

SAVE UP TO 89¢



Food Club **MUSTARD**
Assorted Varieties, 12 - 20 oz.
2/$3

SAVE $2.10



Heinz **EASY SQUEEZE KETCHUP**
32 oz.
$4.49

SAVE UP TO $1.80



Mt. Olive **PICKLES**
Assorted Varieties, 24 fl oz.
$3.49

Great Deals ON FAMILY FAVORITES

SAVE $1.49



Welch's **ZERO SUGAR JUICE COCKTAILS**
Assorted Varieties, 64 fl oz.
2/$6

SAVE 94¢



Coca-Cola Brand **2-LITERS**
Assorted Varieties, 2 Liters (67.6 fl oz.)
2/$4.50

SAVE $1.32



Bubly **8-PACKS**
Assorted Varieties, 8 / 12 fl oz.
3/$11

SAVE $2.00



Frito Lay **TOSTITO CHIPS**
Assorted Varieties, 9 - 14 oz.
$3.99

SAVE $1.00



Snuggle **FABRIC SOFTENER**
Assorted Varieties, 26.8 - 32 fl oz.
$4.99

SAVE $2.00



Snuggle **DRYER SHEETS**
Assorted Varieties, 70 - 80 count
$4.99

SAVE $3.30



All **LAUNDRY DETERGENT**
Assorted Varieties, 30 - 36 fl oz.
$5.99

SAVE $4.00



Cottenelle **BATH TISSUE**
6 Mega Rolls
Assorted Varieties, 1464 - 1704 count
$5.99

SAVE $3.50



Scott **PAPER TOWELS**
6 Double Rolls
Assorted Varieties, 600 - 648 count
$5.99

SAVE $1.30



Palmolive **ULTRA DISH SOAP**
Assorted Varieties, 32.5 fl oz.
$3.99

SAVE 80¢



Diamond **HEAVY DUTY CUTLERY**
Assorted Varieties, 48 count
$4.49

SAVE 99¢



Saran Wrap **CLING PLUS & PREMIUM WRAP**
Assorted Varieties, 100 - 200 sq ft.
2/$5

SAVE 39¢



Scotties **FACIAL TISSUES**
Assorted Varieties, 54 ct - 110 ct
2/$4

SAVE $2.00



Hefty **TALL KITCHEN TRASH BAGS**
Assorted Varieties, 20 - 40 count
$8.99

SAVE $5.00



Purina **BENEFUL DOG FOOD**
Assorted Varieties, 14 lb.
$17.99

Cool Savings ON DAIRY AND FROZEN FOODS



SAVE 39¢

Eggos **WAFFLES, PANCAKES, FRENCH TOAST STICKS**
Assorted Varieties, 9.3 -14.8 oz.
2/$7

SAVE $2.80



Turkey Hill **ICE CREAM**
Assorted Varieties, 48 fl oz.
$3.99

SAVE $1.80



Yummy **CHICKEN**
Assorted Varieties, 21 - 21.5 oz.
$6.49

SAVE $1.66



Sargento **BALANCED BREAKS**
Assorted Varieties, 4 - 4.5 oz.
3/$10

SAVE $1.30



Polly-O **STRING CHEESE**
Assorted Varieties, 9 - 12 oz.
$4.99

SAVE 99¢



Crystal Farms **CHUNK CHEESE**
Assorted Varieties, 7 - 8 oz.
2/$6

SAVE 99¢



Crystal Farms **CHEESE SHREDS**
Assorted Varieties, 7 - 8 oz.
2/$6



SAVE $1.29

Tropicana **ORANGE JUICE**
Assorted Varieties, 46 fl oz.
2/$8

SAVE $1.80



Cabot **BUTTER**
Assorted Varieties, 16 oz.
$4.99

SAVE 70¢



Cabot **BAR CREAM CHEESE**
8 oz.
$2.29

SAVE $1.79



Breakstone's **SOUR CREAM**
Assorted Varieties, 16 oz.
2/$4



SAVE $1.30

Almond Breeze **ALMOND MILK**
Assorted Varieties, 96 fl oz.
$4.99

SAVE 50¢



Turkey Hill **GALLON DRINKS**
Assorted Varieties, 128 fl oz.
$3.49

SAVE $1.50



Califia Farms **OAT MILKS**
Assorted Varieties, 48 fl oz.
$3.49

SAVE $1.50



Califia Farms **ALMOND MILK**
Assorted Varieties, 48 fl oz.
$3.49

SAVE 66¢



Siggi's **YOGURT**
Assorted Varieties, 4.4 - 5.3 oz.
3/$4

SAVE 70¢



Lender's **BAGELS**
Assorted Varieties, 17.1 oz.
$2.79

SAVE $1.49



Hershey's **PUDDING 4-PACK**
Assorted Varieties, 13.1 - 15.5 oz.
2/$6

Your Favorite SPECIALTY GROCERY ITEMS

SAVE UP TO $1.40



Van's **WAFFLES & PANCAKES**
Assorted Varieties, 8 - 12.4 oz.
$3.99

SAVE UP TO $2.00



Bob's Red Mill **ORGANIC FLAXSEED MEAL**
Assorted Varieties, 16 oz.
$4.99

SAVE UP TO $1.60



Stubb's **BBQ SAUCE**
Assorted Varieties, 18 oz.
$5.99

SAVE 80¢



Daily Pantry **ORGANIC BROTH**
Assorted Varieties, 32 fl oz.
$3.19

SAVE $1.40



San Remo **PASTA**
Assorted Varieties, 16 oz.
$4.59

SAVE $1.30



Laurel Hill **ARTICHOKE HEARTS**
Assorted Varieties, 8.46 oz.
$3.69

SAVE $1.80



Paleonola **GRAIN FREE GRANOLA**
Assorted Varieties, 10 oz.
$9.19

SAVE $1.50



Backyard Foods **SWEET & HOT PEPPER RELISH**
Assorted Varieties, 7.5 oz.
$4.19

Come See What's FRESH



La Brea
THREE CHEESE SEMOLINA
5.99



SAVE $1
YELLOW OR CHOCOLATE CAKE
4 inch cake
7.99



SAVE $1
LEMON WHITE CHOCOLATE CHUNK COOKIES
12 Pack
6.99



SAVE $1
RASPBERRY LEMON LOAF
6.99

PREPARED FOODS



SAVE $1.00 EA.
Freshly Prepared
STUFFED SHELL DINNER
8.99ea.



SAVE $1.00 EA.
Freshly Prepared
BELMONT ACAI BOWL
10.99ea.



SAVE $1.00 LB.
Freshly Prepared
VEGAN BAKED BEANS
6.99lb.

ONE DAY SALE ITEM



Freshly Prepared
STUFFED FLOUNDER
17.99lb.

SAVE $1.00 LB.
FRIEND'S SALAD
9.99lb.

SAVE $1.00 LB.
BALSAMIC CHICKEN SALAD
9.99lb.



SAVE $2.40 LB.
Boar's Head
OVENGOLD TURKEY
11.99lb.



SAVE $2.00 LB.
Boar's Head
HONEY MAPLE HAM
11.99lb.



SAVE $1.00 LB.
Boar's Head
CLASSIC CHICKEN
11.99lb.



SAVE $1.00
El Cortijo
MANCHEGO
6 oz.
9.99



SAVE $1.00
Montchevre
MIKE'S HOT HONEY GOAT LOG
4 oz.
5.99



SAVE $1.00
Santori
BAGGED PARMESAN
Assorted Varieties, 7 oz.
5.99



Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.

Sushi-go!

HEALTH & WELLNESS



Belmont Wellness
WOMEN'S MULTI & 40+
60 count
SAVE $6.00
39.99



Life Seasons
FRUIT VEGGIES
60 count
SAVE $4.00
23.39



Auromere Ayurvedic
HERBAL TOOTHPASTE
Assorted Varieties, 4.16 oz.
SAVE $2.00
7.29



Four Sigmatic Focus
ORGANIC COFFEE W LIONS MANE & CHAGA MUSHROOM
10 oz.
SAVE $4.00
15.29

THE HERB WYFE



Dandy Blend
DANDELION TEA
3.5 oz.
SAVE $3.00
9.99



Herb Pharm
MUIRA PUAMA
1 oz.
SAVE $5.00
12.99



The Herb Wyfe
APHRODITE NECTAR TEA
2 oz.
SAVE $2.00
5.00



Sanctuary Herbs
BASIL MOLANGE
1 oz.
SAVE $2.00
5.99

Celebrate Mom with Beautiful Blooms

Sunday, May 11th

Show your love this Mother's Day with a gorgeous floral collection!

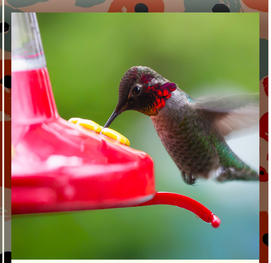
From stunning bouquets to elegant centerpieces and flowering plants, we have everything to make her day extra special.

TICKLED PINK BOUQUET
19.99



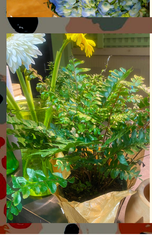


GARDEN MIX BOUQUET
29.99



KALANCHOE, BEGONIA, GERBER DAISY
4" PLANTS
10.99





FLOWERING HANGING PLANTS
36.99

BIRD'S CHOICE
HUMMINGBIRD & ORIOLE NECTAR
2.99



BELMONT MARKET
Gift Baskets



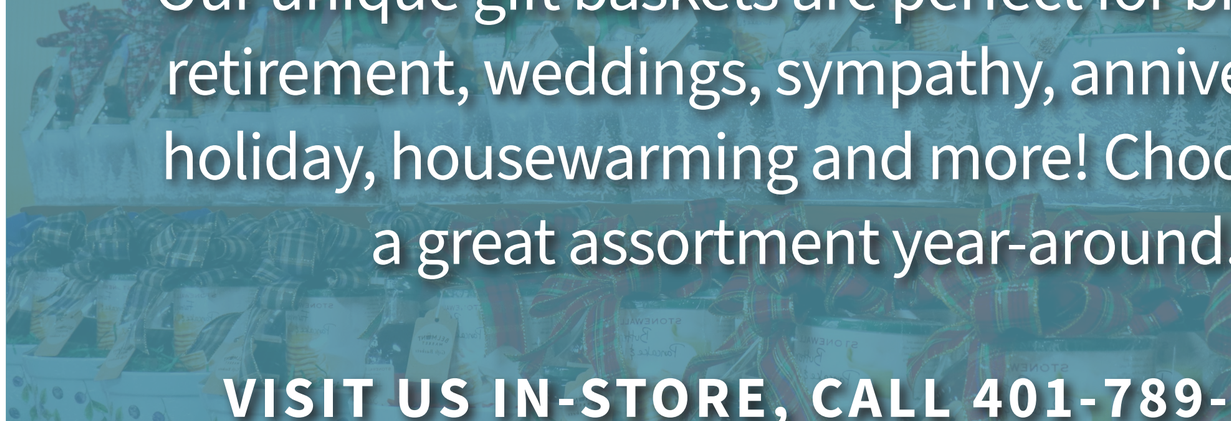


Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656, OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM TO ORDER NOW





FRESH MADE FROM SCRATCH

BELMONT MARKET BREAD

Home-style Sandwich Loaves, Whole Grain Baguettes, Italian and Flat bread Styles

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

SHOP.ROSIEAPP.COM/BELMONT

