BELMONT MARKET'S
SEASON OF SAVINGS

YELLOW, RED & ORANGE BELL PEPPERS
2.99 lb.

Georgia, USA
GREEN BEANS **1.49 lb.**

SAVE $1.50 LB.

Certified Angus Beef
BOTTOM ROUND ROAST **4.99 lb.**

SAVE $1.00 LB.

Chairman Reserve
BONE-IN CENTER CUT PORK CHOPS **3.99 lb.**

SAVE $1.00 LB.

Grade-A
BONE-IN CHICKEN THIGHS **1.99 lb.**

SAVE $1.00 EA.

Perri
ITALIAN SAUSAGE & PATTIES
Hot or Sweet, 16 oz.
4.99 ea.

SAVE $1.00 EA.

Kayem
POLISH KIELBASA
14 oz.
7.99 ea.

SAVE $1.00 EA.

Niman Ranch
UNCURED BACON
Applewood & Maple, 16 oz.
11.99 ea.

SAVE $1.00 EA.

Barber Foods
STUFFED CHICKEN BREAST
Assorted Varieties, 10 oz.
6.99 ea.

BELMONT BREAD

SAVE $1.00 EA.

HONEY & FIG FLATBREAD **5.49 ea.**

REEL IN FANTASTIC SEAFOOD

JUMBO SHRIMP 8-12 **10.99 lb.**

EFFECTIVE DATES: JANUARY 24TH - JANUARY 30TH
Monday - Saturday - 7:00AM - 10:00PM
Sunday - 7:00AM - 8:00PM

600 KINGSTOWN RD, WAKEFIELD, RI / (401) 789-4656
WWW.BELMONTMARKET.COM

BELMONT MARKET
A Better Place to Shop Since 1947

"Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department Items are not cooked."

The Freshest PRODUCE

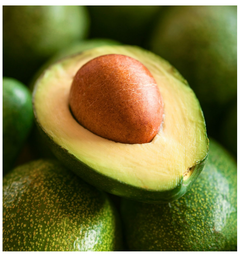
IMPORTED
SEEDLESS GRAPES
Red, Green & Black
3.99 lb.

Pom Wonderful
FRESH POMEGRANATE **2.99 ea.**

Native, Rhode Island
HONEYCRISP APPLES **1.99 lb.**

Sunkist
CARA CARA ORANGES **1.99 lb.**

Sunkist
BLOOD ORANGES **1.99 lb.**



Imported
HASS AVOCADOS **2/$5**

Imported
HEIRLOOM TOMATOES **2.99 lb.**

Jaswell's
APPLE CIDER
Half Gallon **4.49 ea.**

Jaswell's
APPLE CIDER
Gallon **8.99 ea.**

BAGGED WHOLE CARROTS
1 lb. Bag **99¢ ea.**

YELLOW COOKING ONIONS
2 lb. Bag **1.29 ea.**

Quonset View
ALL PURPOSE POTATOES
5 lb. Bag **2.99 ea.**

California, USA
ROMAINE HEARTS
3 Pack **2.49 ea.**

The Best ORGANIC SELECTION

Organic
BAGGED MANDARINS
2 lb. Bag **5.99 ea.**

Organic
NAVEL ORANGES **1.99 lb.**

Organic
FRESH GRAPEFRUIT **2/$4**

Organic
COSMIC CRISP APPLES **1.99 lb.**

Organic
FRESH CAULIFLOWER **3.99 ea.**

Organic
FRESH BROCCOLI **3.99 ea.**

Lady Moon Premium
ROMAINE HEARTS **3.99 ea.**

Organic
BABA'S BREW KOMBUCHA **3.99 ea.**

Great Deals ON FAMILY FAVORITES

SAVE $7.00

Starbucks **K-CUPS, GROUND, WHOLE BEAN COFFEE**
Assorted Varieties, 3.4 - 12 oz.
5.99

SAVE 94¢

Ronzoni **PASTA**
Assorted Varieties, 12 - 16 oz.
4/$5

SAVE 69¢

Kraft **MAC & CHEESE DINNER**
Assorted Varieties, 5.5 - 7.3 oz.
3/$4

SAVE $2.29

Quaker **LIFE CEREAL**
Assorted Varieties, 13 oz.
3/$6

SAVE 49¢

Near East **RICE PILAF**
Assorted Varieties, 5.4 - 6.17 oz.
2/$5

SAVE 83¢

Skippy **PEANUT BUTTER**
Assorted Varieties, 15 - 16.3 oz.
3/$8

SAVE 36¢

Bush's Best **SPECIALTY BEANS**
Assorted Varieties, 15 - 16 oz.
3/$4

SAVE $1.20

Hidden Valley **RANCH DRESSING**
Assorted Varieties, 16 fl oz.
4.49

SAVE $5.50

Scott **PAPER TOWELS**
8 Double Rolls
6.99

SAVE UP TO $5.60

Scott **BATH TISSUE**
12 Rolls, Assorted Varieties
8.99

SAVE 69¢

Coca-Cola Brand **2-LITERS**
Assorted Varieties, 2 Liters
2/$5

SAVE $1.33

Bubly **8-PACKS**
Assorted Varieties, 8 / 12 fl oz.
3/$11

SAVE $1.00

Dave's Killer Bread **BREAD**
Assorted Varieties, 24 - 27 oz.
5.99

SAVE $1.30

Thomas' **ENGLISH MUFFINS**
Assorted Varieties, 12 oz.
3.99

SAVE $2.49

Frito Lay **TOSTITOS CHIPS**
Assorted Varieties, 9 - 14 oz.
2/$7

Cool Savings ON DAIRY AND FROZEN FOODS

SAVE $1.50

Friendly's **ICE CREAM**
*Excludes Pistachio
Assorted Varieties, 48 fl oz.
4.99

SAVE $1.14

Green Giant **STEAMED VEGGIES BOXES**
Assorted Varieties, 7.5 - 8 oz.
4/$5

SAVE $1.69

Pillsbury **TOASTER STRUDEL**
Assorted Varieties, 11.7 oz.
2/$6

SAVE $2.30

Smart Balance **SPREADS**
Assorted Varieties, 13 - 15 oz.
3.69

SAVE $1.19

Planet Oat **OAT MILK**
Assorted Varieties, 32 - 52 fl oz.
2/$6

SAVE $1.29

Fage **SOUR CREAM**
16 oz.
2/$4

SAVE 50¢

A2 **MILK**
Assorted Varieties, 59 fl oz.
4.49

SAVE $1.99

Florida Natural **ORANGE JUICE**
Assorted Varieties, 52 fl oz.
2/$7

SAVE 74¢

Fage **GREEK YOGURT**
Assorted Varieties, 5.3 oz.
4/$5

SAVE 49¢

Haagen-Dazs **YOGURT**
4 oz.
2/$3

SAVE 79¢

Borden **SHREDDED CHEESE**
Assorted Varieties, 5 oz.
2/$6

Your Favorite SPECIALTY GROCERY ITEMS

SAVE $2.60

Athletic Brewing Co. **NON-ALCOHOLIC BEER 6-PACKS**
Assorted Varieties, 6 / 12 fl oz.
9.39

SAVE $2.20

Coco Goods **COCONUT OIL**
Assorted Varieties, 15 fl oz.
6.49

SAVE 40¢

Alessi **RED WINE VINEGAR**
Assorted Varieties, 12.75 fl oz.
3.29

SAVE $1.70

Made Good **ORGANIC GRANOLA**
Assorted Varieties, 10 oz.
6.29

SAVE 50¢

La Preferida **ORGANIC DICED GREEN CHILES**
4 oz.
2.19

SAVE $1.50

Wasa **GLUTEN FREE CRISPBREAD**
Assorted Varieties, 5.4 - 6.1 oz.
4.99

SAVE $1.50

Allergy Smart **COOKIES**
Assorted Varieties, 4.95 oz.
4.49

SAVE 90¢

Undercover **QUINOA CRISPS**
Assorted Varieties, 2 oz.
3.39

Come See What's FRESH

CINNAMON BUNS
6-Pack
5.99

La Brea
WHOLE GRAIN LOAF
5.99

SAVE $1

CRANBERRY ORANGE NUT LOAF
6.99

SAVE $1

COUNTRY APPLE CINNAMON PIE
9" Pie
13.99

PREPARED FOODS

Freshly Prepared
GENERAL TSO'S CHICKEN BOWL
12.99ea.

SAVE $1.00 EA.

Freshly Prepared
CHICKEN PARMESAN DINNER
10.99ea.

SAVE $1.00 EA.

Freshly Prepared
VEGAN SHEPHERDS PIE
7.99ea.

ONE DAY SALE ITEM

Freshly Prepared
BAKED COD
18.99lb.

SAVE $1.00 LB.
COLESLAW
6.99lb.

SAVE $1.00 LB.
HOUSE TEMPEH SALAD
7.99lb.

SAVE $2.40 LB.
Boar's Head
CRACKED PEPPER TURKEY
11.99lb.

SAVE $2.00 LB.
Boar's Head
LOW SALT HAM
11.99lb.

SAVE $1.00 LB.
Boar's Head
EVERROAST CHICKEN
11.99lb.

SAVE $1.00
New York Style
PANETINI ORIGINAL
4.75 oz.
3.99

SAVE $2.00
Short Creek Farm
FENNEL AND CITRUS SALAMI
5 oz.
10.99

SAVE $1.00
Cedar
HUMMUS BALSAMIC & ONION
8 oz.
2.99

Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.

Sushi-go!

HEALTH & WELLNESS

Veg Out
GLOW BRIGHT CLEANSER
4 fl oz.
SAVE $4.00
26.99

Oneka
FACE CREAM UNSCENTED
3.72 oz
SAVE $5.00
33.29

MTE
EVERYDAY ENERGY
MANGO PINEAPPLE
24 count
SAVE $5.00
54.29

Recess
MOCKTAILS
4 PACKS
Select Varieties, 4 / 12 fl oz.
SAVE $3.00
12.49

THE HERB WYFE

Oregon Wild Harvest
ALLER-AID
90 Capsules
SAVE $4.00
27.99

Birch Boy's
MAITAKE TINCTURE
4 oz.
SAVE $4.00
33.99

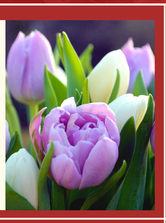
GAIA
MILK THISTLE
120 Capsules
SAVE $4.50
48.99

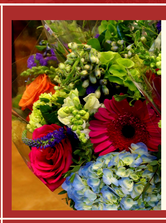
Herb Pharm
REISHI
90 Capsules
SAVE $3.00
26.99

SPRUCE UP WITH FESTIVE FLOWERS

Explore our floral collection to perfect your holiday table with bouquets, centerpieces, and flowering plants.

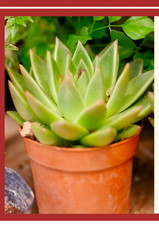
TULIP BUNCHES
10.99





GARDEN MIX BOUQUET
29.99

6" CYCLAMEN PLANT IN CLAY
21.99



SUCCULENT 4" PLANT
9.99

LIZZIE MAE'S
FRUIT, BERRY & NUT
SEED CAKE
9.99

BELMONT MARKET *Gift Baskets*

Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656, OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM TO ORDER NOW

FRESH MADE FROM SCRATCH

BELMONT MARKET BREAD

Home-style Sandwich Loaves, Whole Grain Baguettes, Italian and Flat bread Styles

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

SHOP.ROSIEAPP.COM/BELMONT