

(401) 789-4656

600 Kingstown Rd. Wakefield, RI 02879

www.BelmontMarket.com





We believe in seasonal food prepared locally, flavored to perfection and presented with flair. We are inspired by the bounty of our region and by the smiles of our customers.

Jack Sirara

- Jack Siravo, owner



FAQ'S

How do I reheat the meal?

This is our most asked question. Preheat your oven to 350°-375° and then follow accordingly:

- Hors D'oeuvres: start with 10 minutes; they only need a few minutes to warm up. You don't want them too hot or too cold.
- Casseroles, Chicken, Beef, Pork or Lasagnas,: these are commonly in 9x13 inch foil pans. Keep the lid on for 1/2 hour, then remove the lid to further heat and brown. Plan on 40 minutes.

Most of our items will be ordered by the pound. Typically, we recommend 1/2 pound per person. If you have a lot of items and want a larger buffet of food, then we recommend 1/4 pound per person.

Usually we ask for at least 48 hours notice for small orders. However, with larger events, we ask for as much advance notice as possible, especially during holidays and summer months.

It is impossible to fit all that we can do in this guide. If you would like something different or have seen something that you would like, just ask... We can do it!



DETAILS, DETAILS...

- The more you know, the better our chefs can put together the best menu for you and your guests. Here are questions that we will ask you while planning your catering.
- When, where, and what time. This directly affects the type of food you will want for your event.
- Allergies. Who has them and what are they? We are suited to fit everyone's dietary needs.
- What else are you serving? Appetizers, main entrees, drinks, desserts, finger foods? We can help!
- Pickup. Who's picking the order up and when? Always allow time for travel, traffic, and time in the store for checkout and to get everything loaded.
- Is the food going to be hot or cold? Plan on keeping hot foods hot, and cold foods cold. This means, don't leave your pasta salad in a hot car!*

*Did you know that it is NOT the mayonnaise that spoils, it's the ingredients with the mayo. Mayonnaise is considered acidic enough to be left out, but not the chicken or the onion in the salad. Simply adding a little acid to a salad or a dish can allow you to leave it out. But that doesn't make it resistant to extreme hot or cold. No one likes a wilted salad no matter how food safe it is.



PARTY PLANNING HELP

Here are some examples of real parties that we have helped cater.

Game Day Platters — 25-35 people

- 2-Dozen Pigs in a Blanket
- 2-Dozen Vegetable Pot Stickers
- 3-Dozen Roasted House Chicken Wings
- 16" Cheese and Cracker Platter
- 16" Calzone Platter
- 1/2 Pan General Tso Chicken
- Antipasto Salad
- Bakery Items

Summer Party — 25 people

- 4 lb. Edamame Succotash Salad
- 4 lb. Tortellini Mozzarella Salad
- 4 lb. Black Bean Mango Salad
- 1-Large pan House Salad
- 16" Grilled Tenderloin Platter
- Bakery Items

Summer Event — 50 people

- 16" Spinach & Artichoke Dip Platter with Stacy's Pita Chips
- 16" Smoked Salmon Platter
- 16" Fruit Platter
- 16" Crudité Platter
- 16" Cheese & Cracker Platter
- 16" Caponata Dip Platter with Baguettes
- 8 lb. Red Bliss Potato Salad
- 1-Large Pan House Salad
- 16" Barbecue Chicken Tenders Platter
- Bakery Items







100-Pieces of 1/4 Cut Assorted Wraps

16" Crudité Platter

16" Antipasto Platter

4 lb. Tarragon Chicken Salad

4lb. Tuna Salad

4 lb. Black Bean Mango Salad

4 lb. Red Bliss Potato Salad

4 lb. Tomato Mozzarella Salad

Bakery Items

"Thanks to
Belmont Market,
our daughter's
graduation was a
huge success.
Great service and
fresh delicious food!"

-Shannon B., Wakefield

Labor Day Rehearsal Dinner

1-Full Pan of Meat Lasagna

1-Full Pan of Vegetable Lasagna

1-Large Pan Caesar Salad

16" Crudité Platter

12" Fruit Platter

12" Cheese & Cracker Platter

1-Full Pan Chicken Cutlets

Bakery Items

– 30 people

BREAKFAST BITES

Breakfast Spread

This spread is a tasty combination of Duck Trap Smoked Salmon, scallions, and cream cheese; a perfect complement to a toasted bagel breakfast from our bakery.

Breakfast Calzones

12" Platter (20 pieces)	\$55.00
16" Platter (30 pieces)	
Whole Calzone	\$20.00

Our breakfast calzones are freshly baked and filled with scrambled eggs and your choice of a mixture of savory breakfast items and melted cheese. Choose from egg and bacon; egg and cheese; egg and ham; and egg and pepperoni, or design your own.

Breakfast Buffet

Scrambled Eggs	half pan \$50.00	full pan \$75.00
Bacon	half pan \$60.00	full pan \$100.00
Maple Sausage Links	half pan \$50.00	full pan \$100.00
Home Fries	half pan \$40.00	full pan \$75.00
Overnight Oats	half pan \$40.00	full pan \$75.00



SANDWICH PLATTERS

Platters are individually hand crafted by our chefs as a beautiful display of the freshest ingredients.

Please allow a minimum of 48 hours for ordering.

Sandwiches

Finger Sandwiches 1/4 Cut Wrap	\$2.50 per \$4.50 per
12" Platter with ¼ Cut Wrap 20 pieces	
12" Baguette Sandwich Platter (18 pieces)	\$50.00
16" Baguette Sandwich Platter (36 pieces)	\$100.00

Your Choice of:

Classic Chicken Salad with Dill
Tarragon Chicken Salad
Pesto Chicken Salad
Chipotle Bacon Chicken Salad
Curry Chicken Salad with Walnuts
Cran-Walnut Chicken Salad
Seafood Salad
Tuna Salad
Asian Ginger Tuna Salad
Ham Salad
Egg Salad

American Cheese
Boar's Head Roast Beef
Boar's Head Deluxe Ham
Boar's Head Ovengold Turkey
Boar's Head Everroast Chicken
Boar's Head Chipotle Chicken
Boar's Head Genoa Salami
Boar's Head Hot Capicola
Boar's Head Provolone Cheese
Boar's Head Swiss Cheese
Boar's Head Cheddar Cheese

*all served with lettuce unless otherwise specified.

12" Chip Platter w/ Chipotle Ranch (Feeds up to 10)	-
12" Tortilla Chip Platter w/ Belmont's Fresh Salsa (Feeds up to 10)	\$40.00
16" Tortilla Chip Platter w/ Belmont's Fresh Salsa	
(Feeds up to 20)	\$60.00

Add Belmont's Fresh Guacamole for \$10

PLATTERS

Fruit 12" Round Platter - Feeds up to 10	\$90.00
Our fresh fruit platters include melons, strawberries, pineapple, red grapes, and a sprinkle of berries. Garnished with fresh & unique seasonal fruit! Enjoy it with a sweet dip for an additional \$2.	
Cheese & Fruit 12" Round Platter - 2 lbs of cheese / Feeds up to 10	
Cheese & Crackers 12" Round Platter - 2 lbs of cheese / Feeds up to 10 16" Round Platter - 5 lbs of cheese / Feeds 10 to 20 Our cheese and cracker platter is filled with cubed domestic cheese and paired with assorted crackers and pepperoni.	
Crudité 12" Round Platter - Feeds up to 10	
Hummus Platter 12" Round Platter - Feeds up to 10 16" Round Platter - Feeds 10 to 20 Hummus served with Local Z Pita Chips.	\$40.00 \$60.00
Antipasto 12" Round Platter	

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12" Round Platter (20 pieces)	\$55.00
16" Round Platter (30 pieces)	\$75.00
Whole Calzone	\$20.00 per

Our calzones are freshly baked and filled with a variety of delicious ingredients and melted cheese. Choose from pepperoni and cheese, mushroom and cheese, spinach and goat cheese, steak, onions, cheese, broccoli and bacon, or create your own.

Boneless Tempura Chicken Tenders

12" Round Platter (5 lbs) - Feeds up to 8	\$60.00
16" Round Platter (10 lbs) - Feeds 8 to 12	\$80.00
Served with your choice of General Tso Sauce, buffalo, barbecue, ranch,	
or terivaki sauce.	

Spinach Artichoke Platter

12" Round Platter - Feeds up to 10	\$50.00
16" Round Platter - Feeds 10 to 20	\$70.00
This platter contains our crowd favorite house-made Spinach Artichoke [Dip
and served with Local 7 Pita Chins	

Smoked Salmon

12" Round Platter - Feeds up to 10	\$75.00
16" Round Platter - Feeds 10 to 20	590.00
We pair Duck Trap Smoked Salmon with capers, red onion, cream cheese,	
tomato, and dill.	

Grilled Tenderloin Flap

12" Platter - Feeds 6 to 10	\$85.00
16" Platter - Feeds 10 to 20	\$110.00
A long time house favorite! Marinated in a balsamic, soy, garlic & tomato	
marinade, and grilled in house.	

Shrimp Cocktail Platter

12" Platter - Feeds 6 to 10	\$80.00
16" Platter (5 pounds) - Feeds 10 to 20	\$120.00
Our shrimp platter is filled with large freshly cooked shrimp served with our	
house-made cocktail sauce.	

PARTY BOWLS

5-7 People

10 People

10 pieces of Chicken, Powerhouse Salad, and Lemon Dressing.

10 Pieces of Greek Grilled Chicken, Orzo Salad, and Greek Dressing.

Ground Beef in Taco Seasoning, Basmati Rice, Adobo Seasoning, Pico de Gallo, Shredded Lettuce, Cheddar Cheese & Sour Cream.

10 pieces of Cilantro Lime Salmon, Black Bean Mango Salad, & Balsamic Rice.



SMALL BITES

Please provide a minimum 4-day courtesy period to prepare orders.

Available with Diablo, Barbecue, Sweet Chili, Terriyaki, or Buffalo sauce and served in a foil pan for easy reheating.

\$25.00 per dozen

Beef Franks in a Blanket Vegetable Dumpling Vegetable Spring Roll Mini Assorted Quiche Beef Empanadas Chicken Quesadillas Crab Rangoon Spanakopita Chicken Parm Bites

\$40.00 per dozen

Sausage Stuffed Mushrooms Bacon Wrapped Scallop Beef Wellington Raspberry, Brie, & Almond in Phyllo Crab Stuffed Mushrooms Asparagus in Phyllo Deviled Eggs French Onion Soup Boule Bites

SALADS Our salads are perfect for all events from small gatherings to large parties! All of our delicious salads are made fresh.

Garden Salad

Small - Feeds 6 to 10	0.00
Large - Feeds 10 to 20	0.00

Made to order with mixed lettuce, tomato, cucumbers, red onion, and shredded carrots, served with your choice of dressing (Balsamic, Ranch, Honey Mustard, Blue Cheese, Italian, Green Goddess, or Asian Ginger).

Caesar Salad

Small - Feeds 6 to 10	\$30.00
Large - Feeds 10 to 20	\$50.00
Served with croutons and Caesar dressing.	

Greek Salad

Small - Feeds 6 to 10	\$30.00
Large - Feeds 10 to 20	\$50.00
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A house made favorite with Kalamata olives, shredded carrot, English cucumber, grape leaves, and grape tomatoes.

Baby Spinach or Kale Salad

Small - Feeds 6 to 10	\$30.	00
Large - Feeds 10 to 20	\$50.	00

A unique salad with your choice of baby spinach or kale and strawberries, garbanzo beans, shredded carrot, grape tomatoes and Asian Ginger dressing.

Vegetable Salads

Edamame Succotash [GF, V]	. \$8.99	lb.
White Bean & Rabe [GF, V]	. \$8.99	lb.
Gigante Bean Salad [GF, V]	. \$8.99	lb.
Cucumber & Garbanzo Bean [GF, V]	. \$8.99	lb.
Mediterranean Eggplant Barley [GF, V]	. \$8.99	lb.
Eggplant & Tomato Salad [v]	. \$8.99	lb.
Black Bean & Mango [GF, V]	. \$8.99	lb.
Tuscan Artichoke Salad [GF, V]	. \$8.99	lb.
Broccoli, Bacon, Cashew Salad [GF]	. \$8.99	lb.
Butternut, Garbanzo, & Tahini Salad [v]	. \$8.99	lb.
Sesame Green Bean [GF, V]	. \$9.99	lb.
Tomato & Fresh Mozzarella [GF]	. \$12.99	lb.

Tomato Bisque Boule Bites

SALADS cont.

Chicken Salads

Classic Chicken Salad [GF]	\$10.99	lb.
Tarragon Chicken Salad [GF]		
Curry Chicken Salad [GF]	\$10.99	lb.
Pesto Chicken Salad [GF]	\$10.99	lb.
Buffalo Chicken Salad [GF]	\$10.99	lb.
Cranberry Walnut Chicken Salad [GF]	\$10.99	lb.
Chipotle Bacon Salad [GF]	\$10.99	lb.

Egg and Ham Salads

Egg Salad [GF]\$7.99	<i>lb</i>
Deviled Egg Salad [GF]\$7.99	
Bacon and Egg Salad [GF]\$7.99	lb
Ham Salad [GF]\$8.99	lb





Grains

Lemon Almond Rice [GF, V]	\$9.99	lb.
Quinoa Salad [GF, V]	\$9.99	lb.
Lemon Farro [V]	\$9.99	lb.
Wheatberry Salad [V]	\$9.99	lb.
Quinoa Tabouleh Salad [V]	\$9.99	lb.
Friends Salad	\$10.99	lb.
Powerhouse Salad	\$10.99	lb.

Pasta Salad

Homestyle Macaroni Salad	\$7.99	lb.
Ranch Pasta Salad	\$8.99	lb.
Cucumber Dill Pasta Salad	\$8.99	lb.
Sesame Pasta Salad	\$8.99	lb.
Balsamic Pasta Salad [V]	\$8.99	lb.
Couscous Calabrese	\$8.99	lb.
Asian Noodle [v]	\$9.99	lb.
Orzo Salad	\$9.99	lb.
Tortellini Mozzarella Salad	\$10.99	lb.
Butternut Risotto Salad	\$10.99	lb.



Potato Salads

Homestyle Potatoe Salad [GF]	\$6.99	lb.
Red Bliss Potato Salad [GF]	\$6.99	lb.
Sweet Potato & Bacon Salad [GF]	\$8.99	lb.
German Potato [GF]	\$8.99	lb.

Seafood Salads

Seafood Salad [GF]	\$8.99	lb.
Tuna Salad [GF]	\$10.99	lb.
Asian Ginger Tuna Salad [GF]	\$10.99	lb.
Snail Salad [GF]	\$12.99	lb.
Albacore Salad [GF]	\$12.99	lb.

Slaws

Coleslaw [GF]\$6.99) lb.
Cilantro Slaw [GF, V]\$7.99) lb.
Broccoli Slaw [GF]\$8.99	9 lb.
Roasted Sesame Kale Slaw [GF]\$8.99	9 lb.
Asian Chicken Slaw\$9.99	9 lb.

Tofu and Tempeh

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House Tempeh with Wasabi	\$8.99	lb.
Orange Cumin Tempeh	\$8.99	lb.
Buffalo Tempeh	\$8.99	lb.
Sweet Chili & Orange Tofu [GF, V]		
Mediterranean Tofu [GF, V]		
Turmeric Tofu [GF, V]	•	

ENTRÉES

Turkey & Chicken

Oven Roasted Turkey Breast [GF]	\$14.99 lb.
Chicken Cutlets Fried Italian Breaded Chicken Breast.	\$12.99 lb.
Fresh Grilled Chicken Breast	\$13.99 lb.
Pan Fried Chicken Marsala, Francaise, Piccatta.	\$13.99 lb.
Chicken Legs & Thighs Bone-in Chicken Roasted with Your Choice of Sauce: Tarragon Mustard, Latin, Honey Mustard, Barbecue, or Roasted Red Peppers & Basil Pesto.	\$8.99 lb.
Boneless Stuffed Chicken Breast	\$9.99 lb.
Chicken Statler Breast	\$12.99 lb.

Lemon Chicken Statler

Dredged in Seasoned Flour and Roasted in Lemon Sauce.

Marbella Chicken Statler - a customer favorite!

Roasted with dried apricots, dried prunes, garlic, herbs, and olives in white wine.

Grilled & Roasted Chicken Statler

Garlic, Vinegar, & Herbs

Pesto Cream

Mango Curry Chicken Statler

Grilled with an Herb Vinaigrette

& Many more sauces!



Chicken Fajita & Rice	Half Pan \$60.0	00 Full Pan \$120.00
Chicken breast, peppers, garl	ic, onions, fresh salsa, cilant	tro & lime.

General Tso's Chicken & Rice Half Pan \$60.00 Full Pan \$120.00 Tempura chicken, broccoli, scallions, soy sauce, ginger.

Beef

Pan Fried Veal \$15.99 lb.	
Beef Stew	
Beef Stroganoff \$14.99 lb. Hand-trimmed Chuck Braised in garlic, onion, red wine, beef broth, and spices. Finished w/ cream, sour cream & egg noodles.	
Pulled Beef Brisket	
Grilled Tenderloin \$23.99 lb. Marinated in a balsamic-garlic marinade.	
Carne Asada & Rice	

Seafood	
Salmon Fillets Grilled or roasted & complemented Lemon Dill Green Goddess Orange-Hoisin served over bok choy	Cilantro Lime Ginger Miso
•	\$11.99 lb. \$17.99 lb.
Baked Cod Fillets Lemon, Butter, White Wine, Ritz	\$18.99 lb.
Pecan Salmon (3 _{0z} . portion) [GF] Salmon fillet pan fried with Dijon m	ustard and pecans. [GF]
House Grilled Salmon (3oz. portion).	\$18.99 lb.
Cilantro Lime Salmon (3oz. portion)	\$18.99 lb.

ENTRÉES cont.

Pork

Stuffed Pork Loin [GF optional]	\$11.99 lb.
Sliced whole loin stuffed with peppers, mushrooms, cheese, breadcrumbs, and pepperoni.	·
Spiral Ham	\$9.99 lb.
Pork Tenderloin Marsala	\$12.99 lb.

- ITEM REQUIRES 4 DAY PRE-ORDER -

VEGETABLE SIDES

Vegetable Medley Zucchini, Squash, Bell Peppers
Roasted Butternut Squash with Cranberries
Green Beans with roasted Red Peppers and Tomatoes
Portobello Salad Peppers, Artichoke Hearts, Parsley, Balsamic Vinegar

Other Available Options:

Broccoli Rabe
Brussels Sprouts
Roasted Asparagus
Green Beans and Mushrooms
Roasted Cauliflower with Lemon
Sautéed Spinach
Prosciutto Wrapped Asparagus
Rice Pilaf
Spanish Rice

Jumbo Tater Tots

Mashed Potatoes Smashed Red Potatoes Twice Baked Potatoes Loaded Mashed Potatoes Roasted Potatoes

Roasted Sweet Potatoes Mashed Sweet Potatoes

PASTA DISHES

CUSTOMIZE TO YOUR LIKING

Eggplant Parmesan	Half Pan \$60.00	-	Full Pan \$120.00
Macaroni & Three Cheese	Half Pan \$50.00		Full Pan \$100.00
Vegetarian Penne	Half Pan \$50.00		Full Pan \$100.00
Penne & Chicken or Sausage	Half Pan \$60.00		Full Pan \$120.00
Penne & Shrimp	Half Pan \$70.00		Full Pan \$140.00

HALF PAN FEEDS UP TO 8 | FULL PAN FEEDS UP TO 20

SUGGESTED SAUCES

Français Lemon, butter and wine sauce
Piccata Lemon and caper sauce
Marsala Made with or without cream
Parmesan House marinara with mozzarella
Mushroom Marsala Rich & earthy

Alfredo Sauce Creamy with Parmesan
Pink Vodka Sauce Creamy, vodka tomato
Sherry Cream Smooth, lobster base
Brandy Cream Creamy, with mushroom
Lemon Dill Zesty lemon & dill

Vegetable Lasagna

Assorted fresh seasonal vegetables with a fresh béchamel sauce.

Half Pan \$60.00 | Full Pan \$110.00

Sausage Lasagna

Roasted Local Sweet Italian Sausage with seasoned ricotta and our own Marinara Sauce.

Half Pan \$60.00 | Full Pan \$110.00

Meat Lasagna

Sautéed Angus ground beef with seasoned ricotta and our own Marinara Sauce.

Half Pan \$60.00 | Full Pan \$110.00





Please provide a 24-hour courtesy period for special orders.

Breakfast Platter

12" Tray (12 pieces)	\$28.99
16" Tray (25 pieces)	\$43.99

A delicious array of breakfast treats including mini muffins and an assortment of breakfast pastries!



Dinner Rolls

Finger rolls (6 pack)	\$4.99
Brioche Sliders (12 pieces)	\$6.99





Cookie Platters

COORIC Flatters	
12" Tray (36 pieces)	\$27.99
16" Tray (60 pieces)	\$43.99
Brownie Platter 16" Tray (36 pieces)	\$43.99
Pastry Platter 12" Tray (24 pieces)	

An assortment of mini pastries and mini desserts!



CAKES | Please provide a 24-hour courtesy period for special orders. Gluten Free cakes require 48-hour notice



Cake Sizes

8" Single Layer Cake (serves 6-8)	I	\$27.99 [GF]
8" Double Layer Cake (serves 8-10) \$34.99 Add fruit filling for \$5.00	1	\$37.99 [GF]
1/4 Sheet Cake (serves 12-20)	I	\$44.99 [GF]
1/2 Sheet Cake (serves 20-40)		\$59.99 [GF]

Additional Options

Add fresh fruit for \$6.00 Add special decorations for \$25.00/hour • Recorded in 15 minute increments



- CAKE FLAVORS

Yellow

Chocolate

Marble

Yellow [GF]

Chocolate [GF]

· ICING FLAVORS · · · · · · ·

Vanilla Bettercream Vanilla Buttercream Chocolate Buttercream

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Flavor	Single Square	Loaf Size	Half Sheet	Full Sheet	3 Square	4 Square
Chocolate	\$9.99	\$19.99	\$52.99	\$100.99	\$26.99	\$35.99
Lemon	\$9.99	\$19.99	\$52.99	\$100.99	\$26.99	\$35.99
Strawberry	\$9.99	\$19.99	\$52.99	\$100.99	\$26.99	\$35.99
White Chocolate Raspberry	\$10.99	\$20.99	\$59.99	\$112.99	\$29.99	\$40.99
Tiramisu	\$10.99	\$20.99	\$59.99	\$112.99	\$29.99	\$40.99
Tuxedo	\$10.99	\$20.99	\$59.99	\$112.99	\$29.99	\$40.99



NOTES





a better place to shop

600 Kingstown Road Wakefield, RI 02879 401-789-4656

www.BelmontMarket.com